

上帝在创世记当中一开始所说的话（此乃一系列三篇灵修笔记的第一篇）

### First Words Spoken In Genesis By God (Part 1 of 3)

创世记1:3, 上帝最初所说的话语乃是“要有光...”

创世记2:23

上帝所造的第一个人亚当最初所说的话语乃是“这是我骨中的骨，肉中的肉，可以称他为「女人」，因为他是从「男人」身上取出来的。”

创世记3:1 撒旦说道，“神岂是真说不许你们吃园中所有树上的果子吗？”

- 1) 请注意，上帝在最初的时候一开始所说的话语，乃是吩咐“光”产生出来，照亮那个在创世记1:2所描述的堕落世界。
- 2) 上帝的话语是大有能力的，所产生的结果就完全遵照神所吩咐的样子。
- 3) 上帝的话语之所以是大有能力的，是因为上帝就是满有能力，无所不能的（创世记17:1记载道，“...我是全能的神...”）
- 4) 上帝之所以能够命令光照射出来，是因为神就是光（约翰福音8:12说道，“...我是世界的光...”）
- 5) 从某种意义上说，上帝并没有创造光，因为他就是光。上帝只是吩咐光从他自己身上发出来。
- 6) 上帝能够对“光”发布命令，“光”乃是赐给人生命的。没有了光人们就不能够生活。
- 7) “光”进入了这个堕落的世界，那里面本来是没有“光”的。

以上所列举的这些真理和原则为什么是重要的呢？请你来思想一下。然后找出一些途径来应用这些真理在你的生活当中。

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你所说的话语能够象上帝的话那样满有能力吗？你所说的话语能够象上帝那样是好的，并且带出美好的果效来吗？如果不是，有一个解决的方案。你可以讲述上帝的话。也就是说，用上帝在圣经当中所记载的话，讲说这些话语，那样，你也会得着美好的果效。（#2）请你默想这些经文：以赛亚书55:11, 耶利米书 1:12, 提摩太后书 3:16。

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如果上帝能够创造整个的世界，并且又能够恢复一个堕落的世界，那你想，难道他还没有足够的能力来看顾你和指引你吗？并且，难道上帝对你的人生，不会有一个比你自己更好的计划吗？（#3）

--- 你觉得自己的生活过得怎么样？你之所以能够活着，乃是因为有光。（#6）  
为每天的太阳光献上感恩吧！

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如果你想要自己的身体更加强壮，可以做什么事情呢？（#6）人类的生存乃是需要有太阳光的。人的身体不能够自己来制造维生素D，乃是需要通过太阳的光照才能获取的。当然，我也是听说过，在20世纪80年代美国的医学权威们就倡议人们不要太多的去晒太阳，免得对身体有伤害。因为那时候癌症开始越来越盛行。今天在美国，癌症乃是导致死亡的第一大杀手。暴晒太阳的确是对健康有害的，但是这不能够否定人们是需要阳光的这个事实。其实，人们的生存离不开阳光，而且阳光还有助于人们来战胜癌症【通过提高机体的免疫力等等】！所以，最好每天都晒晒太阳，更重要的，你需要常常从神的话语来获取亮光。）

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### First Words Spoken In Genesis By God (Part 1 of 3)

Genesis 1:3 The first words God spoke were “Let there be light...”

Genesis 2:23 The first words Adam spoke were “This is now bone of my bones, and flesh of my flesh; She shall be called Woman, Because she was taken out of Man.”

Genesis 3:1 “[Satan spoke]...Indeed, has God said, ‘You shall not eat from any tree of the garden?’”

1. Note, the first words God spoke was to command “light” to come into existence in the fallen world of 1:2.
2. God’s words were powerful and resulted in exactly what He commanded.
3. God’s words are powerful, because He is powerful, Almighty (Genesis 17:1 “...I am God Almighty...”)
4. God could command light to come forth, because He is light (John 8:12 “...I am the light of the world...”).
5. God did not create light, because He is light. God simply commanded light to come out from Him.
6. God commanded “light” which gives life. Without light man cannot live.
7. “Light” came into the fallen world where there was no “light.”

Why are these truths and principles important? Think upon them and you can find applications for these truths.

- Are your words as powerful as God’s Words? Are your words as good as God’s Words and bring forth good results? If not, there is a solution. Speak God’s Words. Use God’s Words from the Bible, speak them, and you also will have good results. (#2) Meditate on Isaiah 55:11, Jeremiah 1:12, 2 Timothy 3:16.
- If God created the world and re-created the fallen world, do you think He is not big enough to watch over you and guide you? Do you think He does not have a better plan for your life than you do? (#3)
- How do you think you live? You live because of light. (#6) Be thankful for sunlight.
- What can you do to have good physical health? (#6) Man needs sunlight in order to live. The human body can not manufacture its own Vitamin D, it gets it from the sun. I understand that in America in the 1980’s medical authorities promoted the idea that too much sunlight was dangerous to the health. It was also at that time when cancer started to become more prevalent. Today in America cancer is the leading cause of death. Sunburn is not healthy, but man needs sunlight in order to live and to prevent cancers! Daily get sunlight and get light from God’s Word.)
- Ask God to bring forth light on your fallen world. (#7)