

# 怎么知道你是否在恋爱！

## 真爱的十个测试

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### 测试四、你想做事情是对方高兴吗？

现在我们开始第四项测试。省察自己的心，问自己这个问题：对于这个人，*你想做事情对方喜欢的事情吗？*我指的是在对方没有要求你这么去做的时候。你是否不自觉地想要按照对方的愿望做事？

你有没有发现因为对方喜欢吃苹果派，你在购物时会不自觉地买苹果和做苹果派的原料？仅仅因为对方喜欢下象棋，你就会计划去借书来学习如何下象棋？因为对方最近提到曾经打过的一场像样的网球赛，你就从阁楼上把自己久置不用的网球拍找出来了？

这些都表明你对对方不是普通的兴趣。爱是这样的。陷入恋爱的人，无意识的，但是毫无差错的，倾向去做被爱的人所希望的事情。

在许多情况下，这是好的。因为在真爱中人们倾向于克服自私的本性，去做真善美的事情。

有这样一个经典故事：一位年轻女士对植物学毫无兴趣，直到她爱上了一位年轻卷发男士。而这位男士是该领域的一位小小权威。直到这时，这位女士才发现植物学成为自己最感兴趣的学科，而且她的这种兴趣不是假装出来的。

所以，这有可能会使你出现一种有意识的努力，我是说，你可能会强迫自己吃胡萝卜，尽管你并不喜欢胡萝卜的味道，只是因为对方认为胡萝卜会使你的眼睛明亮。或者，你会努力早早上床睡觉，尽管你实际希望能够晚点上床，多读一会儿书，只是因为对方关心你的黑眼圈。

但是不管有意识，还是无意识，事情就是这样。简单地说，你想的不再是怎样使自己高兴，而是怎样使对方高兴。突然，如何使对方高兴变成你整个生活的中心。

有时候，做这些新的事情可能和你自己以前的生活习惯不同。如果不是因为爱的话，这么做是很困难的。即使恐惧和仇恨也不能给人带来如此根本的改变。但是爱却有超乎一切的力量，在别的因素都不起作用的情况下，爱可以给人带来根本的改变。

## How To Tell If You're In Love – 10 Tests For True Love

by William W. Orr

### Test Number Four

**Do You Want to Do the....**

**Cone now to test number four. Ask your heart this question... With regard to this person, do you find yourself wanting to do the things he likes? I mean even without his asking you? Is there an unconscious desire to be and do according to his wishes?**

**Do you find yourself almost unconsciously buying some apples and shortening at the grocery because he likes apple pie? Do you plan to borrow a book on how to play chess simply because he's interested? Was that you in the attic recently recovering your tennis racket because he happened to mention he played a fair game?**

**These are all definite marks of more than ordinary interest. Love is like that. The one who loves, unconsciously but unmistakably, tends to do the things that are desired by the object of affection.**

**In many cases this is good. For there is a tendency to suppress selfish qualities and emphasize the good, the true and the beautiful.**

**There is a classic story of the young lady who cared little or nothing for the study of botany; that is, until she became interested in a young man with curly hair who was somewhat of a junior authority on this subject. About this time she found botany the subject in which she was most interested. And she was not merely putting on.**

**Now, there may be a conscious effort, too. I mean, you may force yourself to eat carrots even though you don't like them simply because he thinks they'll make your eyes sparkle. Or, you may make a brave effort to get to bed early even though you dearly love to stay up late and read, because he's concerned about the dark circle under your eyes.**

**But whether conscious or unconscious, there it is. The simple truth is that you're thinking less of what pleases you and more of what will please him. And the matter of pleasing him has suddenly become the center of your life.**

**Sometimes the doing of these new things cuts quite across the habit patterns of your life. If it were any other force than love there might be some real difficulty encountered. Even fear or hatred oft times fails to change deeply rooted patterns. But love has a force above and beyond other elemental qualities. It will work where nothing else can.**

**...Things That Please Him?**

**Love is more than just one of God's qualities. In a very special way, God is love. Not that love is God. That would be pantheism. But God is love. Love is part of God. Love finds its true source in the heart of God.**

**So our principle is beautifully exemplified in the love of God for a lost humanity. We read that "God so loved the world that He gave." This is the Father's love. He cared so much that He proposed to do the things that humanity sorely needed.**

**But the Son of God loved too. And as He loved, He proceeded to do, not His own will, but the will of the Father. The love in the heart of Christ sought the things which pleased the Father, and then the things which pleased the heart of humanity.**

**The same principle must obtain in our love for Christ. The sure test of whether or not we truly love Him is proved by this point. Do we want to do the things which please Him? Are we concerned less about our own will and more about His will?**

**Now we may consciously urge our hearts to be concerned about the things that please Him. But first of all, we'll note this quality as both a by-product and a proof of an inner affection. If, and it's an important if,...if we love Him these things will result.**

**With some Christians the problem is one of hindrances. There's too much concern about things which count less. When these hindrances are removed, the love will beautifully bloom.**

**With other Christians the problem is one of failing to follow the means of grace. There should be more Bible-reading, more prayer, more attendance on the means of grace,...Church, fellowship, service, reading, meditation.**

**But the test still holds true. If you do love Christ, an unmistakable sign will be your concern for the things which please Him.**

**I might say that the things which please Christ are often far removed from the things which please the natural man. As you'll remember in the earthly life of our Lord, His guiding principle was to do the things**

**which pleased His heavenly Father. In the same manner when love rules in our hearts, our guiding principle will be to do the things which please Christ.**

**What then are the things which please Christ? There's no doubt here. Christ is concerned with the salvation of the world. This is the purpose of His birth, His life, His death, His resurrection. This is the heart of the gospel. This is the mission of the church. This is the goal of life.**

**But where do we come in? Right here. Christ has commissioned us to carry the story of His love. Christ has placed in our hands the glad task of telling others. It is up to us as God's children to be in the channels of salvation.**

**But God doesn't want unwilling workers. He doesn't draft soldiers for His army. He wants volunteers. Only those whose hearts are challenged by the love of Christ can ever be successful in the work of the gospel.**

**There are difficulties in the pathway. God knows about them and allows them to remain. His plan is not to remove difficulties but to lift us over them. They also become a trial of our faith.**

**So there is need to deeply love Christ and His work. The Christian life is too hazardous for any whose love is weak. There must be way-down, all-wool-a-yard-wide kind of affection. For there are many adversaries.**

**Let's check. How is your love? Is there strong desire to do the things which please Him? Do you find yourself putting aside less important things, and seeking the things of which your Lord will approve?**

**Are you reading the Bible more, simply because you know He approves? Do you plan to spend more time in prayer as you remember that He has told you to pray without ceasing? Do you attend the services of Christian people, knowing this merits the smile of His blessing? Do you endeavor to fill your days with service because this is what He has asked you?**

**I have not listed all the things that please Him in your life. How can I? He must whisper these things to the intimacy of your own heart. In your conversations together the Lord will make known those matters which are of most vital importance to Him. Then it will be the task of your love to perform them, but that won't be a hardship. Rather, it will be joy and a delight.**