

# 怎么知道你是否在恋爱！

## 真爱的十个测试

作者：威廉·奥尔

### 测试六、你可以自由地对任何事情进行讨论吗？

你准备好进行下一个真爱的测试吗？这个测试就是：*你可以自由地与对方就任何事情进行讨论吗？* 你很想要知道对方的观点吗？你能够和对方就一些你不愿意和其他任何人讨论的问题进行沟通吗？

或者说，当你们在一起说话的时候，你是否需要很小心自己选择的话题是什么？在思想领域中是否有些地方你从来没有去涉及？例如，你是否会犹豫要不要把自己和主耶稣的关系告诉对方？或者当提到自己内心的希望、抱负以及对未来的愿望时，你是否会感到害羞？

你不能把所有的事情都拿来和别人讨论，这是毫无疑问的。我知道有些人天生沉默寡言，不愿意讲话。但是即使这些人，在遇到真正的知音时，也是愿意敞开心扉进行沟通的。

你知道有些父母可能和自己成年的子女不是很亲近。通常，这种家庭出来的年轻人都不愿意和自己的父母讨论问题，因为他们不觉得自己能够被理解。我猜想有时可能父母在忙于自己的事情。有时父母与孩子生活在不同的世界。或许父母对子女所作的事情没有兴趣。不管什么原因，这种现象都是很悲哀的。

但是，在这里我也要指出，在很多家庭里，父母和子女的关系是非常融洽，充满理解的。女儿无保留地和妈妈讨论所有的事情。爸爸是儿子的好朋友和永远的喜乐，这是真实感情的最美好体现。

但这只是用来解释我们这里要讲的事。真爱对于享受到心灵感情被理解的一方，能够感觉到一种亲密的吸引力。因此当你深爱某个人时，任何话题都可以拿来共同讨论。你总能感到对方充满同情的理解。你永远不会被对方嘲笑，或者拒绝。通常那种真诚的理解会让你心里觉得很温暖。

我在这里指的话题，不是禁忌。这不是我们这里要讨论的问题。而是那些我们内心深处很隐私的话题。你可以和任何一个遇到的汤姆、迪克或者亨利讨论今天的天气。你可以和一个不太熟悉的人讨论政治。你可以和刚认识的人讨论美国的牛肉价格、非洲的鸡蛋价格。这些都没有问题。

但是，如果涉及你内心深处关于对未来的梦想，你必须确知和你讨论这个题目的人是你最信赖的朋友。你肯定不会对任何人都敞开心扉，讨论这样的话题。涉及到你的秘密渴望，你很怕不会被对方理解。我们可不想自己内心深处最隐秘的渴望变成一群庸俗的茶余饭后闲谈的话题。

所以爱在这整个过程中熠熠生辉。当你发现这个特别的人对你的心真正感兴趣的时候，你禁不住会打破沉默，开始谈论自己个人的事。不管所涉及的话题多么隐私，你都相信对方会回以诚实的充满同情的回答。

这种信任和你对心理医生的信任是不同的。你不是在寻求专业人士的答案。只是两颗心的碰撞产生的合一。你的男朋友或者女朋友或许根本不知道问题的答案。但是这不是你真正寻求的。真正重要的是，真诚的爱带来的一种倾诉后的轻松感觉，不管讨论的是什么话题，不管这个话题是多么隐私。

## How To Tell If You're In Love – 10 Tests For True Love

William W. Orr

### Test Number Six

Do You Feel Free to...

**Are you ready for another test of true love? Here it is then: Do you feel real liberty in discussing things with him? Do you have a sincere desire to know his opinion? Are you able to talk over subjects with him that you would hesitate to discuss with almost anyone else?**

**Or, conversely, are you guarded in your choice of subjects when you're in his presence? Are there some realms of thinking that you never touch upon? Would you hesitate, for instance, to bring up the subject of your own relationship to the Lord? Or would you feel shy about discussing your inner hopes, ambitions and desires for the future?**

**There is little doubt about it, some subjects you just can't chew over with everyone. Oh, I know it's true that there are some people who are naturally reticent and have difficulty in talking at any time. But then there is a certain camaraderie which can be established between friends which indicate that you have found a real kindred spirit who'll not fail to give you a proper evaluation and a sympathetic understanding.**

**You know there are even some parents who are not so close to their young people as they ought to be. Frequently, the young person hesitates to discuss things with his own forbears simply because there is not that feeling of sympathetic approach. I suppose in some cases it's because the parents are too busy with their own affairs. Sometimes it seems as if they live in a different world from the young people. Occasionally it is due to a lack of interest in what the children are doing. Whatever the cause, it's a sad condition at best.**

**But let me also state that there are many, many families where the young people and parents are in complete agreement and understanding. The girl talks things over carefully with her mother, hiding nothing. The father is a real pal to his boy, and a joy forever, and betokens the presence of the finest kind of true affection.**

**But this is just an illustration of the case in point here. True love feels an intimate affinity to the understanding of the one who enjoys the heart affection. When you love someone deeply, there are no subjects which cannot be discussed. You always feel that you will have a sympathetic understanding. You will never be laughed at or turned away. Always there will be a warmth of genuine understanding.**

**...Talk Everything Over?**

**Now I am not talking about subjects that are taboo. That's not the question here at all. Rather it's the realm of deep-down, personal heart-subjects. You can talk about the weather with every Tom, Dick and Harry that comes along. You can discuss political affairs with even casual acquaintances. You can talk about the price of ham in China or eggs in Africa with people to whom you've just been introduced. There is no problem there.**

**But when it comes to the matter of your deep and almost sacred dreams for future days, you've got to feel sure that the one with whom you're having this discussion is a true friend. You just don't parade intimate subjects before everyone. When it comes to the matter of your secret longings, you would be very fearful of being misunderstood. Certainly, we don't want our innermost desires to be vulgarly paraded before a buffooning crowd.**

**So love casts a warm glow on this whole matter. When you've come to know that particular someone whom you find truly interesting to your heart, you just seem to lose that reticence to talk about personal matters. No matter how intimate the subject, you just know that he'll give you an honest, sympathetic comment.**

**Now all of this is different from the feeling that you might have toward your pastor or even your psychiatrist. It isn't a matter of professional understanding. It isn't a question of learned advice that you're seeking. It's just that valuable liaison that comes from two hearts that are beating in unison. It could be that your boy friend or your girl friend won't even know that answer. That isn't the particular end for which**

**you're striving. It's just that genuine love brings a feeling of ease, no matter what topics are being discussed. No matter how intimate the subject matter.**

**Now let's turn for a moment and let this test apply to our relationship to the Lord. If we are to find our heart affection of 24-carat value, then this test ought to apply as well. Do we feel free when talking with the Lord to bring to His esteemed attention the very deepest subjects that dwell in our hearts? Or, are we practicing a certain reserve, holding back from Him themes which we unconsciously feel cannot be discussed?**

**I do not need to tell you that the Lord is already aware of every detail that goes on in our lives. Not only does He observe our every movement, but He carefully catalogs our every thought. He is fully cognizant of the principles, the forces, reasons which shape both our thinking and our action. His omniscience evaluates us completely. But this is not the point.**

**It is not His love which is in question here. What we're endeavoring to ascertain is the depth, strength and quality of our love. Do we feel so free in His presence that from the lips of our own heart we find ourselves unreservedly discussing the most intimate subjects of life?**

**Now practically every Christian spends some time in prayer, and prayers, to a large extent follow a routine. We thank the Lord for past blessings and we remind Him of our needs for the future. To a certain extent we tell Him that we can rejoice in His fellowship and we press into His keeping our cares, our problems and the conflicts of life. All of this is good and necessary.**

**But the point we are making here is, whether our conversation with the Lord gets out of the realm of the ordinary. Do we feel free to talk things over with Him that we have carefully placed in the very Holy of Holies of our hearts? Are we sure then when we lay these things before Christ that His advice will be incomparably wise and complete sympathetic? Does our confidence in our Lord's love for us lead us to take the lid off the treasure chest of our most valuable dreams and freely set them before His gaze.**

**If this be so, it's a strong indication that not only is Christ your Savior but He becomes the true object of your heart's affection. And may I say it carefully this is His desire for you. He wants you to regard Him not only as an escape from eternal perdition but as the very dearest Friend. He is worthy; in fact the Scriptures say that the test of the greatest love is whether someone would be willing to lay down his life for a friend. This is what Christ has done for us and in return for this great love, He looks for answering affection within our hearts, not synthetic, not artificial, but the genuine article.**